

Exercise #3 - Shifting - Same Finger

1.

Exercise #3 - Shifting - Low Finger to High Finger

2.

Exercise #3 - Shifting - High Finger to Low Finger

3.

Exercise #3 - Shifting - 4th Position 1

4.

Exercise #3 - Shifting - 4th Position 2

5.

Exercise #4 [A.] On Open String (C,G,D,A,E) [B.] Alternate on 2 strings CG,GD,DA,AE)

1.) hooked bowing 2.) bow lifts 3.) hooked eighths

4.) hooked sixteenths 5.) eighth/sixteenth 6.) sixteenth/eighth

HS Orchestral Warmups

Viola

Exercise #1 - Open Strings (Bow Control) Begin on A String, D, G, C, E

Exercise #1 consists of two staves of music. The first staff is labeled '1.' and contains two measures of music. The first measure has a quarter note on the A string (F2), followed by a half note on the D string (D2), a quarter note on the G string (B1), a half note on the C string (C2), and a quarter note on the E string (G1). The second measure has a quarter note on the D string (D2), a half note on the G string (B1), a quarter note on the C string (C2), a half note on the E string (G1), and a quarter note on the A string (F2). The second staff is labeled '3.' and contains two measures. The first measure has a quarter note on the A string (F2), a half note on the D string (D2), and a quarter note on the G string (B1). The second measure has a quarter note on the C string (C2), a half note on the E string (G1), and a quarter note on the A string (F2). Both staves have a 'V' above each note and a box with the measure number (1 or 3) at the beginning.

Exercise #2 - Finger Patterns (Written Out on D Dtring - to be Played on All Strings)

Exercise #2 consists of eight staves of music, each labeled with a measure number from 1 to 8. Each staff contains a sequence of notes on the D string (D2) with various fingerings and accidentals. The notes are: 1. D2, D2, D2, D2, D2, D2, D2, D2. 2. D2, D2, D2, D2, D2, D2, D2, D2. 3. D2, D2, D2, D2, D2, D2, D2, D2. 4. D2, D2, D2, D2, D2, D2, D2, D2. 5. D2, D2, D2, D2, D2, D2, D2, D2. 6. D2, D2, D2, D2, D2, D2, D2, D2. 7. D2, D2, D2, D2, D2, D2, D2, D2. 8. D2, D2, D2, D2, D2, D2, D2, D2. Each staff has a box with the measure number at the beginning and a '4' above the fourth note in each measure, indicating a fourth finger fingering.

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Exercise #4 [A.] On Open String (C,G,D,A,E) [B.] Alternate on 2 strings CG,GD,DA,AE)

1.) hooked bowing 2.) bow lifts 3.) hooked eighths

4.) hooked sixteenths 5.) eighth/sixteenth 6.) sixteenth/eighth

HS Orchestral Warmups

Cello

Exercise #1 - Open Strings (Bow Control) Begin on A String, D, G, C, E

1. 2. 3. 4.

Exercise #2 - Finger Patterns (Written Out on D Dtring - to be Played on All Strings)

1. 2. 3. 4. 5. 6. 7. 8.

Exercise #3 - Shifting - Same Finger

1.

Exercise #3 - Shifting - Low Finger to High Finger

2.

Exercise #3 - Shifting - High Finger to Low Finger

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Exercise #3 - Shifting - 4th Position 1

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Exercise #3 - Shifting - 4th Position 2

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Exercise #4 [A.] On Open String (C,G,D,A,E) [B.] Alternate on 2 strings CG,GD,DA,AE)

1.) hooked bowing 2.) bow lifts 3.) hooked eighths

4.) hooked sixteenths 5.) eighth/sixteenth 6.) sixteenth/eighth

HS Orchestral Warmups

Double Bass

Exercise #1 - Open Strings (Bow Control) Begin on A String, D, G, C, E

1.

3.

Exercise #2 - Finger Patterns (Written Out on D Dtring - to be Played on All Strings)

1.

2.

3.

4.

5.

6.

7.

8.

Exercise #3 - Shifting - Same Finger

1.

Exercise #3 - Shifting - Low Finger to High Finger

2.

Exercise #3 - Shifting - High Finger to Low Finger

3.

Exercise #3 - Shifting - 4th Position 1

4.

Exercise #3 - Shifting - 4th Position 2

5.

Exercise #4 [A.] On Open String (C,G,D,A,E) [B.] Alternate on 2 strings CG,GD,DA,AE)

1.) hooked bowing 2.) bow lifts 3.) hooked eighths

4.) hooked sixteenths 5.) eighth/sixteenth 6.) sixteenth/eighth

HS Orchestral Warmups

Score

Exercise #1 - Open Strings (Bow Control) Begin on A String, D, G, C, E

Exercise #2 - Finger Patterns (Written Out on D Dtring - to be Played on All Strings)

2.

Musical score for exercise 2, featuring four staves: Violin (Vln.), Viola (Vla.), Violoncello (Vc.), and Double Bass (D.B.). The score is written in 4/4 time. The Vln. staff uses a treble clef and contains a sequence of eighth notes with a slur over the first two notes of each measure. The Vla. staff uses an alto clef and contains a sequence of eighth notes with a slur over the first two notes of each measure. The Vc. staff uses a bass clef and contains a sequence of eighth notes with a slur over the first two notes of each measure, with a '-1' fingering indicated above the second note of the first and third measures. The D.B. staff uses a bass clef and contains a sequence of eighth notes with a slur over the first two notes of each measure, with a '-1' fingering indicated above the second note of the first measure and a '-2' fingering indicated above the second note of the third measure.

3.

Musical score for exercise 3, featuring four staves: Violin (Vln.), Viola (Vla.), Violoncello (Vc.), and Double Bass (D.B.). The score is written in 4/4 time. The Vln. staff uses a treble clef and contains a sequence of eighth notes with a slur over the first two notes of each measure, including a flat sign on the second note of the first and third measures. The Vla. staff uses an alto clef and contains a sequence of eighth notes with a slur over the first two notes of each measure, including a flat sign on the second note of the first and third measures. The Vc. staff uses a bass clef and contains a sequence of eighth notes with a slur over the first two notes of each measure, with a '-1' fingering indicated above the second note of the first and third measures, and a flat sign on the second note of the first and third measures. The D.B. staff uses a bass clef and contains a sequence of eighth notes with a slur over the first two notes of each measure, with a '-1' fingering indicated above the second note of the first measure and a '-4' fingering indicated above the second note of the third measure, and a flat sign on the second note of the first and third measures.

4.

Musical score for exercise 4, featuring four staves: Violin (Vln.), Viola (Vla.), Violoncello (Vc.), and Double Bass (D.B.). The score is written in treble clef for Vln. and bass clef for the other three instruments. The key signature has one sharp (F#). The exercise consists of four measures. The first measure contains whole notes for all instruments. The second and third measures contain half notes with slurs and fingerings: Vln. (1, 2), Vla. (1, 2), Vc. (-1, 1), and D.B. (-2, 2). The fourth measure contains whole notes for all instruments.

5.

Musical score for exercise 5, featuring four staves: Violin (Vln.), Viola (Vla.), Violoncello (Vc.), and Double Bass (D.B.). The score is written in treble clef for Vln. and bass clef for the other three instruments. The key signature has one sharp (F#). The exercise consists of four measures. The first measure contains whole notes for all instruments. The second and third measures contain half notes with slurs and fingerings: Vln. (1, 2), Vla. (1, 2), Vc. (-1, 1), and D.B. (-2, 2). The fourth measure contains whole notes for all instruments.

6.

4

Musical score for exercise 6, measures 1-4. The score is for four instruments: Violin (Vln.), Viola (Vla.), Violoncello (Vc.), and Double Bass (D.B.). The key signature has one sharp (F#). The rhythm is a steady eighth-note pattern. The notes are: Vln. (D4, E4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4); Vla. (D3, E3, F#3, G3, A3, B3, C4, B3, A3, G3, F#3, E3, D3); Vc. (D2, E2, F#2, G2, A2, B2, C3, B2, A2, G2, F#2, E2, D2); D.B. (D1, E1, F#1, G1, A1, B1, C2, B1, A1, G1, F#1, E1, D1). The number '4' is written above the staff in the second measure, and '-1' is written below the staff in the third and fourth measures.

7.

4

Musical score for exercise 7, measures 1-4. The score is for four instruments: Violin (Vln.), Viola (Vla.), Violoncello (Vc.), and Double Bass (D.B.). The key signature has two flats (Bb, Eb). The rhythm is a steady eighth-note pattern. The notes are: Vln. (D4, Eb4, (Eb)4, F4, G4, Ab4, Bb4, Ab4, G4, F4, Eb4, D4); Vla. (D3, Eb3, (Eb)3, F3, G3, Ab3, Bb3, Ab3, G3, F3, Eb3, D3); Vc. (D2, Eb2, (Eb)2, F2, G2, Ab2, Bb2, Ab2, G2, F2, Eb2, D2); D.B. (D1, Eb1, (Eb)1, F1, G1, Ab1, Bb1, Ab1, G1, F1, Eb1, D1). The number '4' is written above the staff in the second measure, and '-1' is written below the staff in the third and fourth measures.

8.

4

Vln.

Vla.

Vc.

D.B.

Exercise #3 - Shifting - Same Finger

1.

Vln.

Vla.

Vc.

D.B.

Exercise #3 - Shifting - Low Finger to High Finger

2.

4 -2 -1 -3 -1 -3 -1 -3 -2 -3 -2 -3 -2 -3 -2

Vln.

Vla.

Vc.

D.B.

Exercise #3 - Shifting - High Finger to Low Finger

3.

-1 -2 4 -2 -2 -1 -2 4 -2 -2

Vln.

Vla.

Vc.

D.B.

Exercise #3 - Shifting - 4th Position 1

HS Orchestral Warmups

4.

Vln.

Vla.

Vc.

D.B.

Exercise #3 - Shifting - 4th Position 2

5.

Vln.

Vla.

Vc.

D.B.

Exercise #4 [A.] On Open String (C,G,D,A,E) [B.] Alternate on 2 strings CG,GD,DA,AE)

3.) hooked eighths

1.) hooked bowing 2.) bow lifts 3.) hooked eighths

Vln. Vla. Vc. D.B.

4.) hooked sixteenths 5.) eighth/sixteenth 6.) sixteenth/eighth

Vln. Vla. Vc. D.B.